

# JUNE 2010

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<b>To Sign-up for Nordic Walking please call Healthy Androscoggin! 795-5990</b>		1	2 Nordic Walking Riverwalk - Auburn Side 6PM	3	4	5																																																																																																																
6	7	8	9 Nordic Walking Papermill Trail (Lisbon) 6PM	10	11	12																																																																																																																
13	14	15	16 Nordic Walking Spring Road (Auburn) 6PM	17	18	19																																																																																																																
20	21	22	23 Nordic Walking Beaver Park (Lisbon) 6PM Free admission for the Nordic Walking Group, courtesy of Verla Brooks. Donations Welcome!	24	25	26																																																																																																																
27	28	29 Nordic Walking Franklin Pasture (Lewiston) 6PM	30																																																																																																																			
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